

# August 2019

## Armstrong Township High School

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MEALS SERVED WITH LOWFAT OR 1% MILK				1	2	3	4
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
<del>French Fries</del>	Hot Dogs/Bun <del>Potato Wedges</del> Broccoli/Cheese Triple Berry Buckle	21 Beefy Cheesy Nachos Refried Beans Grapes Brownies	22 Ham & Cheese Sub Sandwiches Fresh Veggie Tray Parfait Cups Cottage Cheese, Chips	23 Chef Salad with Ham & Turkey Pineapple Bosco Sticks Cookie	24 Chicken Patty Sandwich, Peas <del>Mandarin Oranges</del> Chips Cake		
26	27	28	29	30	31		
	Chicken Nuggets Tater Tots Corn Fruit Fluff	Turkey Cheese Wraps Fresh Veggie Tray Peaches Sunchips	Pork Ribs Sweet Potatoes Cantaloupe Cottage Cheese	Hamburger/Bun French Fries Green Beans Strawberries No Bake Cookies	Corn Dogs Baked Beans Apple Fritos Cake		