

March 2019 Armstrong Township High School

SUN	MON	TUES	WED	THU	FRI	SAT
ALL MEALS SERVED WITH LOWFAT OR 1% MILK	MENUS SUBJECT TO CHANGE	26	27	28	1	2
3	4 Pork Ribs Sweet Potatoes Cantaloupe/Pears Cottage Cheese Cookie	5 Chicken Alfredo Broccoli Peaches WG Roll	6 Goulash Green Beans Applesauce Garlic Cheese Bread	7 Turkey Mashed Potatoes & Gravy Carrots Grapes Pumpkin Bars	8 Cheese Quesadillas Corn Refried Beans Tomato, Lettuce Chips & Salsa Smores	9
10	11 Chicken Tacos Spanish Rice Fruit Fluff Corn Chips & Salsa	12 Stromboli Salad Peaches Cottage Cheese	13 Biscuits & Gravy Tri Taters Sausage Patty Orange Juice Muffin	14 Salisbury Steak Mashed Potatoes Cali Blend Vegetables Banana WG Roll	15 Fish Sticks French Fries Green Beans Apples Cookie	16
17	18 Chicken Wraps with Lettuce & Tomatoes Corn Peaches Cookies	19 Beef & Noodles Mashed Potatoes Green Beans Pears WG Roll	20 Breakfast Pizza Tri Taters Sausage Patty Orange Juice Muffin	21 Lasagna Salad Strawberries Garlic Bread	22 No School!! Parent Teacher Conferences!	23
24	25 No School!! Happy Spring Break!	26 No School!! Happy Spring Break!	27 No School!! Happy Spring Break!	28 No School!! Happy Spring Break!	29 No School!! Happy Spring Break!	30