

January 2018 Armstrong Township High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Christmas Vacation!	2 Christmas Vacation!	3 Chicken & Noodles Mashed Potatoes Green Beans Oranges WG Roll	4 Chili Celery/Carrots Banana Cinnamon Roll	5 Hot Dogs French Fries Broccoli Pears	6
7	8 Lasagna Salad Strawberries Garlic Bread	9 Chicken Nuggets Tater Tots Carrots Peaches Cup Cakes	10 Bean & Beef Burritos Corn Spanish Rice Parfait Cups	11 Hamburgers/Bun French Fries Peas Mixed Fruit No Bake Cookies	12 Pork Ribs Sweet Potatoes Cantaloupe/Pears Cottage Cheese Cookie	13
14	15 No School!	16 Beefy Cheesy Nachos Refried Beans Grapes Brownies	17 Salisbury Steak Mashed Potatoes Cali Blend Vegetables Banana WG Roll	18 Turkey Subs Green Beans Pears Chips	19 Chicken Patty Sandwich, Cheesy Hashbrowns, Peas Mandarin Oranges Cake	20
21	22 Chicken Tacos Spanish Rice Fruit Fluff Corn Chips/Salsa	23 Stromboli Fresh Carrots/Celery Peaches Cottage Cheese	24 Baked Ham Two Potato Mash Green Beans Strawberries Dinner Roll	25 Chef Salad with Ham & Turkey Pineapple Cottage Cheese Bosco Sticks, Cookie	26 Corn Dogs Baked Beans Apple Fritos Cake	27
28	29 French Toast Sticks, Sausage Patty Tri Tater Orange Wedges Muffin	30 Chicken Alfredo Broccoli Peaches WG Roll	31 Spaghetti Salad Pears Cheesy Biscuits		ALL MEALS SERVED WITH LOWFAT OR 1% MILK	MENUS SUBJECT TO CHANGE