

November 2017

Armstrong Township High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MEALS SERVED WITH LOWFAT OR 1% MILK	MENUS SUBJECT TO CHANGE		1 Goulash Corn Applesauce Garlic Cheese Bread	2 Chicken Fajitas Refried Beans Spanish Rice, Mixed Fruit, Chips/Salsa Puuding	3 Turkey Subs Potato Salad Parfait Cups Sunchips	4
5	6 Sloppy Joes Green Beans Banana Macaroni & Cheese Cookie	7 Homemade Pizza Lettuce Salad Pears Bosco Stick Brownies	8 Chicken Patty Mashed Potatoes & Gravy, Carrots Grapes Pumpkin Bars	9 Pulled Pork Baked Beans Cali Blend Vegetables Applesauce Fritos	10 Chicken Wrap with Lettuce & Tomatoes Seasoned Rice Peaches Cookie	11
12	13 Hot Ham & Cheese, Peas Pineapple Au Gratin Potatoes Cookie	14 Breakfast Pizza Tri Taters Sausage Patty Orange Juice Muffin	15 Turkey Mashed Potatoes & Gravy, Green Beans Oranges, WG Roll Pumpkin Pie	16 Chili Celery/Carrots Banana Cinnamon Roll	17 Hot Dogs French Fries Broccoli Pears	18
19	20 Lasagna Salad Strawberries Garlic Bread	21 Chicken Nuggets Tater Tois Corn Peaches Cup Cakes	22 Ham & Bean Soup Carrots Applesauce Corn Bread	23 No School Thanksgiving Break Happy Thanksgiving!	24 No School Thanksgiving Break	25
26	27 Pigs in a Blanket Potato Wedges Broccoli/Cheese Triple Berry Buckle	28 Beefy Cheesy Nachos Refried Beans Grapes Brownies	29 Salisbury Steak Mashed Potatoes Cali Blend Vegetables Banana WG Roll	30 Chef Salad with Ham & Turkey Pineapple Bosco Sticks Cookie		