

September 2017

Armstrong Township High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ALL MEALS SERVED WITH LOWFAT OR 1% MILK	MENUS SUBJECT TO CHANGE				1 Chicken Wraps Carrots Seasoned Rice Peaches Cookie	2
3	4 No School! Labor Day!	5 Beefy Cheesy Nachos, Refried Beans, Grapes Chips/Salsa Brownies	6 Salisbury Steak Mashed Potatoes Cali Blend Vegetables Banana WG Roll	7 Chef Salad with Ham & Turkey Pineapple Cottage Cheese Bosco Sticks, Cookie	8 Fish Party Sandwich Cheesy Potatoes Peas, Mandarin Oranges, Cake	9
10	11 Chicken Tacos Refried Beans Spanish Rice Fruit Fluff Chips/Salsa	12 Stromboli Fresh Carrots/Celery Peaches Cottage Cheese	13 Baked Ham Cheesy Mashed Potatoes, Green Beans, Strawberries Dinner Roll	14 Spaghetti Salad Pears Cheesy Biscuits	15 Corn Dogs Baked Beans Apple Crisp Fritos	16
17	18 French Toast Sticks, Sausage Party Tri Tater Orange Slices Muffin	19 Chicken Alfredo Broccoli Peaches WG Roll	20 Early Dismissal At 11:15 No Hot Lunch!	21 Chicken Fajitas Refried Beans Mixed Fruit Spanish Rice Chips/Salsa	22 Meatball Subs Veggie Tray Parfait Cups Cottage Cheese Sunchips	23
24	25 Sloppy Joes Tater Tots Banana Macaroni & Cheese Cookie	26 Homemade Pizza Lettuce Salad Pears Bosco Stick Brownies	27 Turkey Mashed Potatoes & Gravy Carrots, Grapes Pumpkin Bars	28 Hamburger/Bun French Fries Pears Mixed Fruit No Bake Cookies	29 Chicken Wraps Corn Seasoned Rice Peaches Chips/Salsa	30